OBESITY IN BYZANTINE AND IN MODERN ERA FROM A PUBLIC HEALTH PERSPECTIVE

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SUMMARY

Obesity is one of today’s most serious and amplified public health problems. Surprisingly, obesity constituted a health problem through the Byzantine Empire (3rd to 15th century AD) as well; the extent of the problem was then very much alike to that one seen in modern industrialized and developing countries of today. In this report we perform an histori:

Key words: obesity, Byzantine, medicine

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